



ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019



Session Plan/ Syllabus Coverage for the Academic Year 2026-2027

Subject: Value Education Term: First Term
No. of Working Days: 81



Name of the Subject Co-ordinator: Priyanka Andrea Rotha
No. of Periods Available: 17

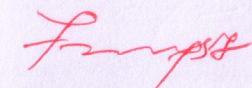
Name of the Book: Heart & Mind 4
Class: 4 Sections: A, B & C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
April	3	First Term Begins Lesson- 1- Admire God	Discussion on the creation of the world. Objectives exercises. Concept of devotion explained Recitation of the poem(pg 9)	Reading and explaining the lesson Objectives exercises: MCQ, True or False, Fill in the blanks. Complete the poem Short/ Long Question and Answers (Pg. No.- 9-11)	The students will make a flow chart on the things they are grateful to receive from God.
May	2	Lesson- 2- Keep Smiling	Significance of being cheerful. Impact of being positive in our life. Keep spreading positivity.	Read and explain the lesson Objectives exercises: MCQ, True or False, Fill in the blanks. Complete the poem Short/ Long Question and Answers (Pg. No.- 15- 18)	The students will make a flashcard with different types of emojis with facial expressions.
June	3	Lesson- 3- Importance of Workout	Significance of workout. Importance of healthy lifestyle. Need for exercise.	Read and explain the lessons Objectives exercises: MCQ, True or False, Fill in the blanks. Short/ Long question and answers (Pg. No.- 21 - 23)	The students will make a chart on different yoga poses along with the name.
July	4	Lesson- 4- Be Calm in Crisis	Importance of presence of mind. How calmness affects our mind. How to solve problems indifferent situations.	Read and explain the lessons Objectives exercises: MCQ, True or False, Fill in the blanks. Short/ Long question and answers (Pg. No.- 27 - 29)	The students will draw, make a chart on their enjoyable activities.

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

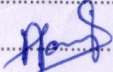
Kindly mention the chapters included for Term Examinations.

Signature of the Co-Teachers: 1.  2. 



PRINCIPAL

Submitted on: 5.5.26

Academic Co-ordinator: 


VICE PRINCIPAL



ST. LAWRENCE HIGH SCHOOL

27, BALLYGUNGE CIRCULAR ROAD, KOLKATA - 700019



Session Plan/ Syllabus Coverage for the Academic Year 2026-2027

Subject: Value Education Term: Second Term
No. of Working Days: 83

Name of the Subject Co-ordinator: Priyanka Andrea Rotha
No. of Periods Available:18


Name of the Book: Heart & Mind 4
Class: 4 Sections: A, B & C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
August	4	Lesson- 5- The Value of Time Lesson- 7- Don't be Greedy Revision of First Term Syllabus Lessons- 1,2,3,4,5,7	Value of Time. Self-awareness. Doing things on time Avoid greed Consequences of our action – greediness Self-control Revision of First Term Syllabus Lessons- 1,2,3,4,5,7	Read and explain the lesson Objectives exercises: MCQ, True or False, Fill in the blanks, short/long questions and answers(Pg. No.- 33- 35) Read and explain the lesson Objectives exercises: MCQ, True or False, Fill in the blanks, short/long questions and answers(Pg. No.- 45- 47) Revision of First Term Syllabus Lessons- 1,2,3,4,5,7	The students will make a chart on timetable they follow in a day mentioning the time they do each and every activity.
September	1 2	Revision of First Term Syllabus Lessons- 1,2,3,4,5,7 First Term Examination Second Term Begins Lesson- 9- Be calm and Kind	Revision of First Term Syllabus Lessons- 1,2,3,4,5,7 First Term Examination Significance of gentleness Value of humility and its impact in our life. How gentleness affects our life.	Revision of First Term Syllabus Lessons- 1,2,3,4,5,7 First Term Examination Read and explain the lesson Objectives exercises: MCQ, True or False, Fill in the blanks, short/long questions and answers (Pg. No.-54- 57)	The students will make charts displaying the different acts of kindness they have come up with.
October	3	Lesson- 12- Being Sensible	Wisdom and its impact in our life. How to grow in wisdom. How wisdom affect our day-to-day life.	Read and explain the lesson Objectives exercises: MCQ, True or False, Fill in the blanks, short/long questions and answers (Pg. No.-74-77)	The students will make a display card representing a maze from start to end point.
November	4	Lesson- 13- Love For Animals	Bond between human and animals. Value of animal life. Significance of animal in our life	Read and explain the lessons Objectives exercises: MCQ, True or False, Fill in the blanks, short/long questions Answers(Pg. No.- 79- 83)	The students will talk about their pet, or favourite animal in the class.

Teachers are requested to prepare a LESSON PLANS for each Topic month wise.

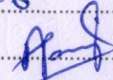
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Term: Second Term



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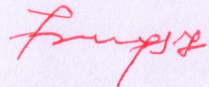
Name of the Book: Heart & Mind 4
Class: 4 Sections: A, B & C

MONTH	NO. OF PERIODS	LESSONS	TOPICS COVERED	CLASS WORK	TEACHING AIDS
December	3	Lesson- 14- The Value of Freedom	Value of Freedom. Restrictions on freedom and its impact in our life. How freedom affects our life.	Read and explain the lessons Objectives exercises: MCQ, True or False, Fill in the blanks, short/long questions answers(Pg. No.- 86-89)	The students will make a chart on any freedom fighter who fought for India.
January	4	Lesson- 15 – Keep on Trying	Value of never giving up Explanation of Ravindra Jain life	Read and explain the lesson Objectives exercises: MCQ, True or False, Fill in the blanks, short/long question and answers(Pg. no.- 92-94)	The students will talk about their learning or mistakes they have learnt while trying to achieve something.
February	2	Revision of Second Term Syllabus- Lessons- 9,12,13,14,15 Second Term Examination	Revision of Second Term Syllabus- Lessons- 9,12,13,14,15 Second Term Examination	Revision of 2nd Term Syllabus – Lessons- 9,12,13,14,15 Second Term Examination	
March					

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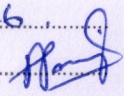
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